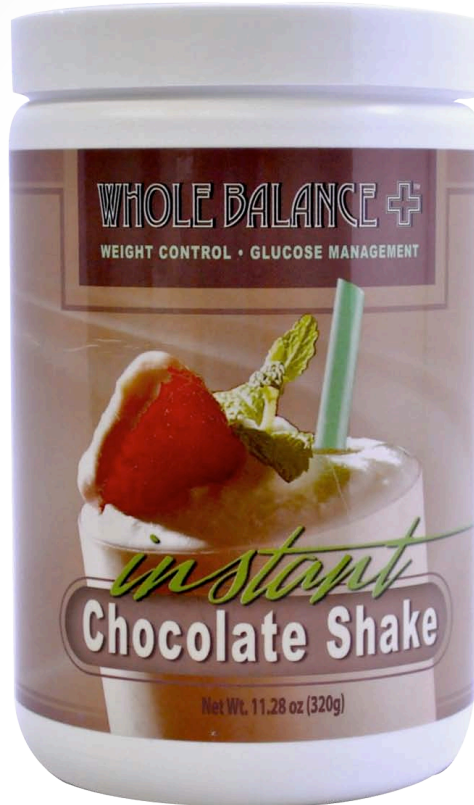


WHOLE BALANCE PLUS™ INSTANT SHAKES

optimize



health

Whole Balance Plus™ Instant Shakes are made with pure, natural, lactose-free, high quality protein. They are a rich source of essential amino acids, needed daily for building and repairing muscles. Our unique protein isolate contains little to no fat, lactose or cholesterol.

THE STORY:

Whole Balance Plus™ Instant Shakes are a great tasting craving buster and weight control shake. They can also serve as a quick, low calorie meal or snack replacement. They control cravings and hunger with high fiber, high protein and low glycemic ingredients with no sugars or artificial sweeteners to spike then crash your energy. Added probiotics, CLAs (conjugated linoleic acids), Omega-3s and enzymes help maximize your healthy, fat-burning energy and build your immune system.

NUTRITION FOR THE BODY:

Without a sufficient supply of enzymes, your body cannot adequately break down proteins, carbohydrates and fats. This leads to many digestive disorders. Whole Balance Plus™ Instant Shakes not only calm the stomach, but also work with inflamed tissues throughout the entire digestive tract.

THE SCIENCE:

Protein shakes vary dramatically in how they impact your health and performance. A high quality lactose-free and low-cholesterol protein like ours makes all the difference. But the bonuses that make this product far superior for weight loss and athletic performance are the added enzymes and probiotics, as well as the CLAs and Omega-3s. These additions make this shake a true superfood, as well as a superior weight-loss and high performance assortment of the six most important enzymes and five digestive herbs.

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Supplement Facts

Serving Size: 2 Scoops - 32 grams		Servings per container: 10	
Amount per serving		% Daily Value	
Calories 135	Calories from fat 20	Trans Fat 0g	0%
	% DV		
Total Fat 2.25g	4%	Dietary Fiber 5g	20%
Mono-Unsaturated Fat 1.5g	5%	Soluble Fiber 4g	0%
Saturated Fat 0.75g	4%	Insoluble Fiber 1g	0%
Cholesterol 29mg	10%	Impact Carbs 3g	0%
Sodium 126mg	5%	Sugar 0g	0%
Total Carbohydrates 8g	3%	Protein 1.5g	30%
Vitamin A	3750iu 75%	Biotin	45mcg 15%
Vitamin B1	1.35mg 90%	Calcium Citrate	225mg 22%
B2	1.5mg 88%	Chromium	30mcg 25%
B5	7.5mg 75%	Folic Acid	225mcg 56%
B6	1.5mg 75%	Iron	0.75mg 5%
B12	5.25mg 88%	Magnesium	188mg 47%
Vitamin C	225mg 372%	Nicinamide	15mg 75%
Vitamin D	112iu 28%	Potassium	187mg 5%
D-Alpha Vitamin E	26iu 88%	Vitamin K	78mcg 98%
	DV Not Established **	Xylitol	300mg **
Probiotic Blend (8 billion enteric coated units)		22mg	**
Digestice Enzyme Blend (lipase, cellulase, amylase, protease)		75mg	**
CLA (Conjugated Linoleic acid)		500mg	**
Omega-3 Fatty Acids (EFAs)		22mg	**

"I've been a part of JD Premium for a few years now. My vote for the 'best of the best' in products is their Whole Balance Plus Instant Shake. I've tried so many different meal shakes and this is the only one I've found that doesn't overload sugars, and yet the taste is fantastic!"

Fran Halbert

"Whole Health Vanilla Protein Powder is such a great breakfast! I mix it with eight ounces of milk and a blueberry Adapt. Violet from Willy Wonka's Chocolate Factory would be jealous. It is so delicious and nutritious."

Teresa J.