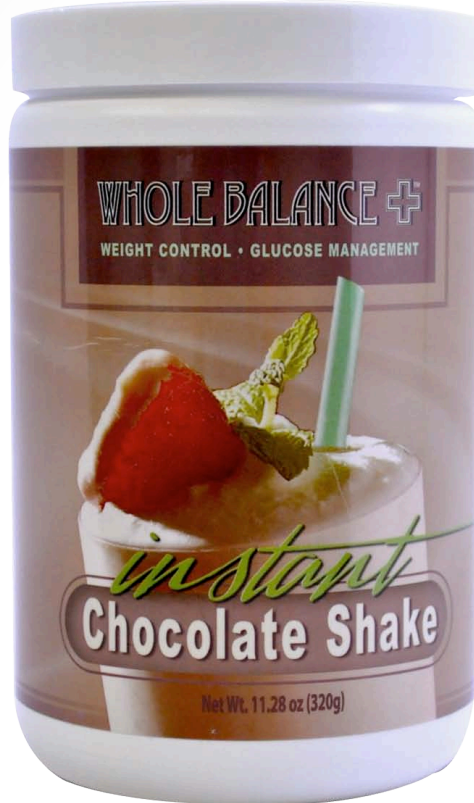


# WHOLE BALANCE PLUS™ INSTANT SHAKES

## optimize



## health

Whole Balance Plus™ Instant Shakes are made with pure, natural, lactose-free, high quality protein. They are a rich source of essential amino acids, needed daily for building and repairing muscles. Our unique protein isolate contains little to no fat, lactose or cholesterol.

### THE STORY:

Whole Balance Plus™ Instant Shakes are a great tasting craving buster and weight control shake. They can also serve as a quick, low calorie meal or snack replacement. They control cravings and hunger with high fiber, high protein and low glycemic ingredients with no sugars or artificial sweeteners to spike then crash your energy. Added probiotics, CLAs (conjugated linoleic acids), Omega-3s and enzymes help maximize your healthy, fat-burning energy and build your immune system.

### NUTRITION FOR THE BODY:

Without a sufficient supply of enzymes, your body cannot adequately break down proteins, carbohydrates and fats. This leads to many digestive disorders. Whole Balance Plus™ Instant Shakes not only calm the stomach, but also work with inflamed tissues throughout the entire digestive tract.

### THE SCIENCE:

Protein shakes vary dramatically in how they impact your health and performance. A high quality lactose-free and low-cholesterol protein like ours makes all the difference. But the bonuses that make this product far superior for weight loss and athletic performance are the added enzymes and probiotics, as well as the CLAs and Omega-3s. These additions make this shake a true superfood, as well as a superior weight-loss and high performance assortment of the six most important enzymes and five digestive herbs.

# WHOLE BALANCE PLUS<sup>TM</sup> INSTANT SHAKES



*In the morning I will try anything to get my son to eat. One morning I was desperate and tried to feed him Fruit Loops®. I got it all ready, but he kept on asking me for a "milk shake." His milk shake includes the JD Premium Vanilla Shake, some milk and a dash more of the stevia. We blend it all up and he drinks it through a straw! He loves it and I feel good about him drinking something healthy in the morning.*

**Cherie B.**

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## Supplement Facts

Serving Size: 2 Scoops - 32 grams Servings per container: 10

Amount per Serving %DV

Calories 133 Calories from fat 20 Trans Fat 0g 0%

%DV		%DV	
Total Fat	2.25g 4%	Dietary Fiber	5g 20%
Mono-Unsaturated Fat	1.5g 5%	Soluble Fiber	4g 0%
Saturated Fat	0.75g 4%	Insoluble Fiber	1g 0%
Cholesterol	19mg 7%	Impact Carbs	3g 0%
Sodium	121mg 5%	Sugar	0g 0%
Total Carbohydrates	8g 3%	Protein	15g 30%

Vitamin A	3750iu 75%	Biotin	45mcg 15%
Vitamin B1	1.35mg 99%	Calcium Citrate	225mg 22%
B2	1.5mg 88%	Chromium	30mcg 25%
B5	7.5mg 75%	Folic Acid	225mcg 56%
B6	1.5mg 75%	Iron	0.75mg 5%
B12	5.25mg 88%	Magnesium	188mg 47%
Vitamin C	225mg 372%	Nicotinamide	15mg 75%
Vitamin D	112iu 28%	Potassium	187mg 5%
D-Alpha Vitamin E	26iu 88%	Vitamin K	78mcg 98%
DV Not Established **		Xylitol	300mg **

### ENHANCING INGREDIENTS:

Probiotic Blend (8 billion enteric coated units)	22mg	**
Digestive Enzyme Blend (lipase, cellulase, amylase, protease)	75mg	**
CLA (Conjugated linoleic acid)	500mg	**
Omega 3 Fatty Acids (EFAs)	22mg	**

**JD PREMIUM<sup>TM</sup>**  
REDEFINING NUTRITION